



MENU PEQUENO-ALMOÇO BREAKFAST MENU

CAFÉ SOLÚVEL / EXPRESSO /
DESCAFEINADO
*INSTANT COFFEE / ESPRESSO /
DECAF*

CHÁ
TEA

CHOCOLATE EM PÓ
POWDERED CHOCOLATE

LEITE QUENTE E FRIO
HOT MILK AND COLD MILK

LEITE SEM LACTOSE
LACTOSE-FREE MILK

BEBIDA VEGETAL
PLANT BASED BEVERAGE

ÁGUA COM E SEM GÁS
STILL AND SPARKLING WATER

SUMOS DE FRUTA
FRUIT JUICES

OVOS MEXIDOS
SCRAMBLED EGGS

SALSICHA COCKTAIL
COCKTAIL SAUSAGE

BACON

FEIJÃO
BAKED BEANS

TOMATE CHERRY
CHERRY TOMATO

MIGAS DE GRELOS E FEIJÃO FRADE
*BREAD MASH WITH TURNIP GREENS
AND BLACK-EYED PEAS*

MOLHO DE TOMATE
TOMATO SAUCE

TARTE DE FRANGO
CHICKEN PIE

BERINGELA
EGGPLANT

PADARIA VARIADA
BAKERY

FRUTOS SECOS VARIADOS
ASSORTED DRIED FRUITS

CEREAIS SEM GLUTÉN
GLUTEN-FREE CEREALS

GRANOLA

ABACAXI EM CALDA
PINEAPPLE IN SYRUP

MANGA EM CALDA
MANGO IN SYRUP

MAÇÃ DESCASCADA
PEELED APPLE

MELÃO LAMINADO
SLICED MELON

PAPAIA LAMINADA
SLICED PAPAYA

PÊRA LAMINADA
SLICED PEAR

BAGOS DE UVAS
GRAPES

COMPOTAS VARIADAS
JAMS

IOGURTE NATURAL AÇUCARADO
SWEETENED NATURAL YOGURT

IOGURTE SEM LACTOSE
LACTOSE-FREE YOGURT

QUEIJOS VARIADOS
ASSORTED CHEESES

FIAMBRES VARIADOS
ASSORTED HAMS

AÇÚCAR E ADOÇANTE
SUGAR AND SWEETENER

MEL
HONEY

NUTELLA

MANTEIGA
BUTTER

PASTELARIA VARIADA
PASTRY